
Circle of Intention

School of Intuitive Sciences

*Contents: Classes, Pet Blessings, New Technique,
Meditation, Gatherings via phone, Teen Group,*

NEW CLASSES

JUNE CLASSES

Past Life Recall x 2

Thursday, June 26th, 7 to 9:30 pm and again on Sunday, June 29th, 2p.m. to 4:30 p.m.

This was such a popular and effective class from February that many participants expressed an interest in doing it again. We will use guided meditation to recall two past lives, or perhaps a future life, and then share with the class.

“Christina’s help in interpreting the meditation information from a higher perspective made the experience much more powerful and meaningful for me. I have been to several of the top professionals in the field of past life regression and Christina’s ability to help me identify and transform particular professional and personal roadblocks has resulted dramatic shifts in all areas of my life.” CG

Single class \$35 each

JULY CLASSES

Talking with Spirit: Parts I & II

In these companion classes you will learn how to talk more clearly with Spirit on your own, without the need of going through a channeler. Recognizing that there is Divinity within all of us, you will be taught how to communicate with that aspect of your own being. These systems can be used interchangeably and you should have a good working knowledge of both **Kinesiology** and **Dowsing** by the time the classes are completed.

Talking with Spirit: Kinesiology – Part I

Sunday, July 13th -- 2 p.m. until 5 p.m.

In this session you will learn many ways to access the body's own electromagnetic energy system to receive answers to your life's questions, find out if something in your life is an energetic match, or even speak with your Higher Self.

Talking with Spirit: Dowsing – Part II
Sunday, July 20th -- 2 p.m. until 5 p.m.

This session will focus on the use of the **Pendulum** and ways in which you can monitor energy, answer questions and research past lives.

There is a materials fee of \$12, which includes a simple starter pendulum and my book, "Consult Your Higher Self: A Guide to Pendulum Usage." The book is essential for either facet of the class.

Crystal pendulums will also be available for purchase for \$15.

Enrollment is limited, so call to reserve your place. 908-638-9066

Christina Lynn Whited, Circle of Intention, High Bridge, NJ 08829
www.CircleOfIntention.com

Both workshops are available for \$60; a single workshop is \$35.

Pre-registration is required, as space is limited.

To register, call Christina @ 908-638-9066.

PET BLESSINGS at the POOCH PARADE

Saturday, June 21st, at Borough Commons in High Bridge,

(Across the street from my house – where we park for classes)

9 a.m. registration for participants, 10 a.m. Parade starts

*Information at www.highbridge.org. – Prizes for dressed up dogs!

I will be doing **FREE PET BLESSINGS**; certificates for 1 or more dogs are \$5

Digest Sample – A New Technique for Healing & Attunement

My children, a digest sample is a cross-section of many things. I wish for you to have a digest sample of the Creator's love and abundance in your lives. I wish for you to know a small degree, at the very least, of the love and power that is available to you. To this end I have asked that each of you be able to access this Digest Sampler if you but ask.

My son has given you The System for Self Healing, along with its Acceleration Technique, and the companion Elevation Technique, and I now give you the Digest Sampler.

To begin this exercise, all I ask is that you sit quietly, close your eyes and think of me. You need not be overly fond of or devoted to me for this technique to work. You need have no orientation toward Christianity at all for this to be helpful in your life, only think of me and begin the following steps.

First, blow out your breath, then begin to breathe slowly and evenly for a short while. Next, hold out either hand, palm up, and ask for the Creator's blessing to come to you. You will feel your hand fill with the slight weight of immense Light. As you become increasingly aware of this Light allow it to grow even larger in your hand, then move it to any point in your body that needs more Love and Light. If you are having issues with memory, move it to your head; emotional issues, move it to your heart. If you have trouble digesting your food, move the Light to your stomach, and so forth. Wherever you have a need, place this Light.

The best part is that you may refill your hand again and again. There is no limit on the Creator's Love and Light. No matter how many issues and challenges you have in your life at this moment, God can help you to handle them all. Remember that God never gives you more than you can handle, yet God is always ready and waiting to provide the love and support that you need to move through any situation in which you find yourself.

In using this Digest Sampler, it is my hope that you will find your way to a fuller acknowledgement of the presence of the Divine within your own heart, your own being. It is my hope that you will begin to understand the true joy of alignment with your own divinity and All That Is. There is so much more of God's love for you to experience! I hope that in this way you will begin to experience more of it each day.

May the blessings of the Creator's eternal love flow more fully to you each day.

Mother Mary through Christina

Mary Meditation:

High Hopes

High hopes are wonderful things because you put your feeling and your belief into them. It is my highest hope, my children, that you will always have high hopes.

Imagine great things for yourself and you cannot fail to attract it! If you aim low you will attract what you aim for; if you aim high, you will attract that also. Why settle for less? Do not let fear hold you back. Imagine that you deserve more and be open to the fact that the Universe believes you and will deliver the opportunity to you!

The Law of Attraction is unlimited; you are the only one who imposes limits upon it. Dream amazing dreams for yourself -- hope high and be open to receiving the highest and the best, just as you have hoped.

The Law of Attraction does not mean that everything in your life will be achieved without lifting a finger. It does not mean that you can sit in your chair in your room eating bonbons and the world will be delivered to you on a silver platter. It does mean that you must get up and answer the door when opportunity knocks. You must be open to the opportunities the Creator presents to you and you must receive in joy and gratitude, and then hope, dream, and imagine more again.

When you work toward manifesting your dreams it is a joy and the term work rarely applies. Have high hopes, my children, and allow them to manifest in your life. Do not be fearful when opportunity knocks, for the Creator is supplying you with all you have imagined. Once you have established the image of hope, it becomes your next task

to be open to receiving and to joyously acknowledge the method the Universe has chosen to manifest your dream for you.

You created it – now accept it. Do not place restrictions upon it – too soon, not precisely what I had imagined, not enough of it -- whatever. Get over it! Accept the delivery and hope high again! You never know what additional treasures lay inside the box. Perhaps this delivery is even more than you imagined and just what you deserve.

BLESSINGS AND LIGHT,

Mother Mary through Christina

A weekly *Spiritual Gathering with the Holy Mother Mary* is held each

Tuesday evening, 7:30 to 9, donation of \$10 to \$20.

You can now **call in** to listen and participate!

Tuesdays at 7:40 p.m. call 1-269-320-8300 and enter the code 613102# when asked.

(There is a way to mute the phone when you call in so that noises from your home are not broadcast and we can tell you when you are on the line.)

To playback the Gathering at any time, just call 1-614-715-3441 and use the code above.

(So far only one Gathering has been recorded, but we will add more to the audio files soon.)

Everything You Ever Wanted to Know About the Universe, But Didn't Know Who to Ask

The second Thursday of each month I will host an evening of **COSMIC QUESTIONS** from teens and channeled **SPIRIT ANSWERS**.

Class will begin at 7 p.m. and runs to 8:30 p.m.

Teens are encouraged to come and ask about anything having to do with the way the Spiritual Universe works, such as Reincarnation and Past Lives, Astral Projection, Angels, Sacred Geometry, Other Dimensions, etc.

A donation of \$5 is suggested. *Parents: please just drop off your kids then come back later.*

.....
www.circleofintention.com & www.thesystemforselfhealing.com

There is also a Yahoo Group you can join at

thesystemforselfhealing-subscribe@yahoogroups.com

to post your comments about the changes you feel when using THE SYSTEM for Self-Healing.

.....
For Aura Healing and **Soul Path Clearance**, please contact Christina for a **private session**, which can be done in person or over the phone.
.....

Weddings and Baptisms

details at

www.rev4hire.com

July 2008/5 of 5.

If you wish to have your name removed from this email list,
please send an email back to me with the word “**remove**” in the subject line.
*On the other hand, if you have received this from a friend
and would like to have your name added to our newsletter list,
please send an email with “**Circle-Add**” in the subject line!*