



Circle of Intention

School of Intuitive Sciences

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"I affirm gentle healing for the planet and peace and harmony for all." Pass it on!

Message from Mary

246: Phases Don't Tromp

Most phases in life, my children, don't tromp through your daily existence, but rather flow gently through time. It is only in looking back that we are able to perceive that what has been experienced has been but a phase.

All of life is a series of phases, one influence after another, one challenge after another. If you watch carefully and analyze the intuitive information that you receive, you will recognize a gradual building toward any phase you enter. There are always signs - sometimes they simply aren't heeded. Dis-ease rarely comes in a flash - rather it builds over time. It is possible to ignore the signals, both intuitive and physical, and have the awareness of the dis-ease hit like a thunderbolt, but the warning signals are almost always there.

In looking back we wish that we had been more sensitive to the signals and this should be taken as a lesson for the future. Your physical body should feel wonderful, loose, comfortable and vibrant. Anything less is an indication that you must pay closer attention. Do not allow a phase of dis-ease and healing to tromp into your life. Be aware, bring yourself back into harmony, and eliminate the extremities of the lesson.

Body, mind, and Spirit are one, therefore a dis-harmony experienced in the physical body first began in the Spirit, then progressed to the mind when it was ignored. Further denial moves the disharmony into manifestation within the physical body. Awareness of the second stage prevents the third, and even more importantly awareness of the first stage prevents the second and the third.

Each phase of your life, your learning, your healing, has indicators, early warning sings. Your phases don't tromp into your life unannounced, rather they build to a crescendo if ignored. Increase your awareness, ramp up your sensitivity and all will be well. It has ever been so.

Blessings to you all in this Season of Light,

Mother Mary

through Christina Lynn Whited

MOTHER MARY INFUSION TECHNIQUE is a new healing modality that Mother Mary has taught me. I'm able to use all seven of the Chakra Crystal Bowls in a one-hour session of healing and release of etheric density in the aura, combined with Mother Mary's Laying-on-of-Hands. It is a very powerful session that helps to lessen pain, increase energy, and bring calmness to every part of you. A fabulous antidote to Post-Holiday Stress! I still have a few openings for the week after Christmas. It's time to treat yourself and start the New Year off with clearer and more vibrant energy! Until the end of January this \$125 treatment is offered at the **Introductory Special of \$88.**

January Classes & Events – please make a reservation for any event you wish to attend so that we can update you by phone with any changes due to the weather! Thanks so much!

*Details and further information can be found on the website: www.CircleOfIntention.com under Classes. Also check out our new **Calendar** page!*

CLASS: Star Gates to the Universe, Part III of IV with Brigitte Boyea \$45
Saturday, January 9th, 11 - 2 p.m. Closed to further enrollment.

CLASS: Your Energetic Anatomy with Joan Velardi \$45
Sunday, January 10th, 1 - 4 p.m.

CLASS: What's In A Name? - Handwriting Analysis with Debbie Berk \$25
Thursday, January 14th, 7:30 - 9:30 p.m.

EVENT: Messages From the Other Side @ Eleven on Main Cafe \$10
Friday, January 15th, 7 - 9 p.m. Reservations required 908-638-8888

**CONCERT: Kirtan- Music for the Spirit
with Sharon Silverstein & the Peace Project \$15**
Sunday, January 17th, 2 - 4 p.m.

CLASS: Talking to Spirit - R & D - Project Atlantis \$25
Thursday, January 21st, 7 - 9 p.m.

EVENT: Reader's Cafe - individual psychic readings \$20 to \$35
Saturday, January 23rd, 7 - 9 p.m. includes tea and dessert

CLASS: Healing Hands - Part I with Christina Lynn Whited \$25
Sunday, January 24th, 2 - 4 p.m.

CLASS - EVENT: Healing Circle \$15
Thursday, January 28th, 7 - 9 p.m.

CLASS: Healing Hands - Part II with Christina Lynn Whited \$25

Sunday, January 31st, 2 - 4 p.m.

WEEKLY: The Gathering with Mother Mary

Every Tuesday at 7:30 p.m. also available by conference call and via playback.

NEW TELEPHONE NUMBERS for THE GATHERING

The Tuesday night **call-in** number is now **218-844-0850, code: 321879#.**

The **play-back** number for any other time is **218-844-0951, same code.**

(This is not a toll-free number.)

There will be no Gathering on Tuesday, December 29th. Have a great holiday!

NEWS from SPIRIT

We are a spiritual community and as such there are many among us who have developed their gifts. The following information might prove beneficial to you if you are not already aware of it.

From Cecelia Barndt: The energy of the 12/12 Gateway will culminate on the 12/21 Solstice.

After that energies and issues that have risen to the surface in the past few weeks should calm down. If you are feel tumultuous right now things should change very soon.

From Donna Reeck: The 31st is a great day to take all your crystals outside to recharge in the sunlight during the day and then in the light of the Blue Moon during the night. If you can't take them out to play then try to put them in a window where they will get both lights.

OUR OUTREACH PROGRAM: KIVA

We accept donations at the church of \$1 and up for the micro-finance organization, Kiva. (www.Kiva.org). Just wanted to let you know that we have completed 39 loans to various entrepreneurs in under-developed countries in the last two years since we started! Each loan we make is \$25, and all but one are being repaid in a timely fashion. We are so honored that so little has done so much.

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