
Circle of Intention

School of Intuitive Sciences

Extra MARCH CLASS

Past Life Recall

Sunday, March 30th, 2p.m. to 4:30 p.m. (Please be prompt – I have a 5 p.m. wedding!)

This was such a popular and effective class from February that many participants expressed an interest in doing it again. We will use guided meditation to recall two past lives, or perhaps a future life, and then share with the class.

“Christina’s help in interpreting the meditation information from a higher perspective made the experience much more powerful and meaningful for me. I have been to several of the top professionals in the field of past life regression and Christina’s ability to help me identify and transform particular professional and personal roadblocks has resulted dramatic shifts in all areas of my life.” CG

Single class \$30

APRIL CLASSES

The Power of Healing in Your Hands, sections I & II

Sundays, April 13th & 20th, 2008 - 2 p.m. to 4:30 p.m.

We all have healing power in our hands - the healing power of our own divinity. In the first class we will learn how to engage this power and how to apply Universal Life Force. (This is a stand-alone class.)

In this session we will learn how to assess the aura and understand the many types of energies encountered in healing work. You will explore a partner’s aura and define what you find, then engage Universal Life Force to aid healing.

(Section I is required for this class.)

“I was amazed when Christina said she felt no energy over my throat. She had no way of knowing that my thyroid had been removed except through feeling it with her hands.” DH

Both workshops are available for \$50

A single workshop is \$30

Pre-registration is required, as space is limited.

To register, call Christina @ 908-638-9066.

Mary Meditation: Thoughtfulness

Thoughtfulness is at the heart of your spiritual growth and should be of primary concern to you. As you move through your day, examine each action for its consequences, be thoughtful in what you choose. Once you have made a choice, take a

moment to see how it feels, both physically and emotionally. Your decision should feel good in both aspects of your being. It should not simply make you happy for a moment, but rather it should make your physical body, the vehicle for your divinity, feel vibrant and balanced.

If your choice does not enhance all aspects of your self, then I ask you to think again. If you are facing a fear, and wish to overcome it, project your thoughts to the outcome, beyond the act that brings you there, and examine the feelings. Thoughtfully approach this healing process and understand that the reward of freedom from prior limitation is a very wonderful thing. Your thought projection to this reward should sing through your body and make you giddy with delight. Conquering fears does wonders for your self-esteem.

I do not urge you, however, to make a list of your fears, as some teachers ask you to do. This is placing your attention where you do not want it to go. Through the Law of attraction all your fears will begin to manifest so that you may face them down. Although the process seemed to begin in thoughtfulness, you are much better off using your thoughts to manifest good in your life. Let the normal flow of life take care of your fears.

If you use the self-test of feeling good about choices, you will recognize that a list of imitations does not feel good. Far better to concentrate on what you do want, without limitation, and acknowledge how wonderful that makes you feel.

As you practice thoughtfulness it will become an automatic response in each situation you face. You will rapidly run your choice past your feeling center and know instantly if it is the right choice for you. Some choices may be wrong choices initially, but right ones at another time.

If you are not always making choices that feel good to all aspects of your being, then I ask you to slow down and apply thoughtfulness to your life. If you are not living the joyous, abundant life you desire, then apply thoughtfulness to all your decisions.

Life on Planet Earth is meant to be lived in joy.

BLESSINGS AND LIGHT,

Christina

Weekly *Spiritual Gatherings with the Holy Mother Mary* are held each

Tuesday evening, 7:30 to 9, and each

Thursday morning, 10:30 to 12 noon, on a *Love Offering* basis.

Circle of Intention Outreach Program

Those of us who meet weekly for the Gatherings have instituted an Outreach Program. We have begun a fund to participate in micro loans to entrepreneurs in other countries through a site, which has been featured on a lot of news broadcasts, called Kiva (www.kiva.com).

Our first loan of \$25 went to a business woman in Peru, and the link to her page on Kiva is here: <http://www.kiva.org/app.php?page=businesses&action=about&id=38374>

If you would like to join with us in this endeavor, please let me know. Otherwise we encourage you to participate on your own. (You will see my photo there because I was the one with a PayPal account.)

www.circleofintention.com & www.thesystemforselfhealing.com

There is also a Yahoo Group you can join at thesystemforselfhealing-subscribe@yahoogroups.com to post your comments about the changes you feel when using THE SYSTEM for Self-Healing.

Aura Healing and Soul Path Clearance, using Spiritual Response Technique and other methods, is available on a private consultation basis, in person or over the telephone. Soul Path work done for dependent children, through a request from a parent, is very effective. The child need not be present, nor do they need to participate in any way as we work with their High Self. Contact Christina for a personal appointment at 908-638-9066.

"I am awed and humbled by my SRT experience – and its aftermath. By some intercession or dispensation, many obstacles to personal and spiritual growth have been removed, and replaced with forward momentum in my private and professional life. Not only do I feel that karmas, vows, and contracts from this life and those past have been dissolved but my limiting fears, doubts, and the effects of past traumas, have also been released. Christina is able to transmit an awe-inspiring perception to those who are willing to receive it and to let go of restricting patterns in their lives. Willingness to open one's heart and to embrace self-knowledge seems to be the only requirement to enjoying a bigger and better life, as is clear from the many people whose lives have been transformed through their association with her. I urge anyone who wishes to change their life to experience this!" ME

Weddings and Baptisms

details at www.rev4hire.com

I belong to the Hunterdon Holistic Society (www.hunterdonholisticsociety.org) and we are having a couple of events that you might find interesting. The information is below.

Hunterdon Holistic Society

OPEN FORUMS

Café Hola at Casa Maya – 1 Main Street – High Bridge, NJ

the 3rd Thursday of each month - 7 p.m. to 9 p.m.

Join the holistic-minded community to chat informally with two HHS members about how their work or experiences can benefit others.

March 20th

Shelley Tzorfas

Shelley is a specialized tutor for children with ADHD, PPD, and other learning disorders.

and

Douglas Economy

Douglas specializes in holistic psychotherapy, a unique and highly effective method for change and alignment.

for further information please call: 908-343-8873

GOING GREEN & HOLISTIC EXPO

Sunday, May 4th, 2008

Clinton Community Center

Halstead Street next to the Library, Clinton, NJ

12 noon to 4 p.m.

Featured Speaker

Rev. Fletcher Harper

founder of **GreenFaith** (www.greenfaith.org)

speaking at 1 p.m.

Join the **Hunterdon Holistic Society** for an exciting exchange of ideas and information centered around living holistically on our wonderful planet.
