

Course  
Catalog  
2012

# Circle of Intention

School of Intuitive Sciences

# Circle of Intention

## School of Intuitive Sciences

Welcome!

Our mission is to offer courses and opportunities that will provide students of all ages with skill sets that they can use for self-empowerment. We also offer classes that are a good deal of fun because joy makes everything more potent. And we offer continuing support and encouragement on each individual's journey through our church and school. We have classes for any stage of life, including, childhood.

There are some amazing teachers who bring their expertise and experience to many of the classes and workshops that we offer. Their biographies can be found at the end of the course listings.

Just as life is in a constant state of flux, so is our course catalog. As we change and grow, what we offer reflects that process. According to interest and feedback, we will offer as many of the classes as possible during the course of our calendar year. Please feel free to reach out to us with your thoughts and ideas. We hope you will join us!

# Course Catalog

Unless otherwise noted, all classes are given, or in the case of Field Trips, begin at, the Circle of Intention, 76 Main Street, High Bridge, NJ 08829. Also, unless a class teacher is specifically named, the class or event will be led by Christina. Bios for each presenter are at the end of the course offerings. Please check the icons next to each listing for extended availability.



available as a Webinar



available in private homes



available at other centers

***LECTURES*** are really introductions for those who are new to metaphysics and the paranormal and are about 1 to 1.5 hours in length. *page 4*

***CLASSES*** are generally 2 hours in length and bring the attendees either specific skills or experiences, or both. *page 7*

***FORUMS:*** These are free exchanges held after certain classes are finished so that participants can understand how previous class members have adapted the skills to their own unique talents and gifts. *page 17*

***FIELD TRIPS*** are held in the months of good weather and are generally 2 hours long, in addition to travel time. *page 18*

***WORKSHOPS*** are 4 hour long classes with lots of hands-on experience. *page 18*

***MYSTIC MUSIC:*** Concerts are generally held every two months and are typically 1.5 hours in length. *page 20*

***SPIRIT CRAFT:*** These classes are for those of you with a crafty nature who would like to make your own spiritual aids. Each class is a unique gift of Spirit in your life and is 2 hours long, often suitable for children, too. *page 22*

***HOME PARTIES:*** This is a designation attached to various classes and lectures so that you know what is available as an event that can be brought to your home with a certain minimum number of attendees. *page 25*

***ANNUAL EVENTS:*** We hold two festivals and two dinners each year. Be sure to enter us in your datebook! *page 26*

***BIOGRAPHIES of TEACHERS*** *page 28*

# *LECTURES*



## **LECTURE: Paranormal Primer – An Introduction to All Things Intuitive**

This is a lecture for those who have questions about other-worldly events in their lives, what it is like to be psychic, does everyone have past lives, how can a person learn to heal, etc. You have questions, I have answers, or I can get them.

## **LECTURE: Animal Mysticism**

Animals have been a part of the human experience since the beginning of our time together on this planet. Learn how we have deified them, made them part of our mythos, and spoken for them.

I will explain their spiritual path and companionship with people and give insights into the behavior patterns of your animals.

Bring photos of your pets and be prepared to ask lots of questions.

## **LECTURE: Metaphysics #101**

This is a class designed to introduce the explorer or just those who are intrigued to many of the different aspects of the field of metaphysics and the paranormal. You will learn a little about each of the other class topics offered at the Circle of Intention, including: Numerology, the Power of Words, Ghosts, Photographic Anomalies, Dreams, Meditation, Crystals, Dowsing, Healing, etc.

Bring your curiosity and your questions and prepare to expand your view of life on this wonderful planet. You will also learn some simple techniques to expand your personal intuitive senses.

## **LECTURE: The Beginners Guide to Reincarnation**

Most people think they have had one past life. In this lecture you will learn about the many possibilities inherent in the concept of reincarnation, the variables, and why we keep coming back. I will also discuss some past lives and how a particular path might play out in a series of related incarnations.

## **LECTURE: Metaphysics #110**

This class is not for the faint of heart. Christina will take you way beyond the basics in a workshop built around the most astonishing concepts active today in the metaphysical community.

Learn about photographs of energies that are rarely seen with the physical eyes, inter-dimensional portals, secret societies dedicated to peace and transformation, and the mounting evidence that we are not alone.

If you would like to know what is really going on behind the scenes as we approach 2012, a watermark year for this world, join us for this informative evening.

## **LECTURE: Photographic Anomalies: A Discussion of Orbs & More**

Join me in a discussion of photographic anomalies, those bizarre images that show up after a photograph is taken. Sometimes you see them in advance, sometimes you don't.

Bring in photos of your own to share with the class, the ones where you thought that was your finger, but you know you didn't put it there. Are there flashes of light in some of your photos or odd color patterns showing up unexpectedly? Bring them along and see what we have to share with you.

## **LECTURE: Chat with a Channeler - Ask Me Anything**

Did you ever wonder why you feel so good in some places and not in others? Why so many repetitive occurrences happen in your life? If you were famous in a past life? If your dog is really a person?

Ask me anything and Spirit, the animating force within everything, will supply the answer. As a professional channeler for over twenty years, I have answered questions from A to Z for people all around the world. Come with your most pressing questions and receive answers and confirmation from Spirit.

## **LECTURE: Ghosts and Haunted Houses**

This class details the various types of discarnate Spirits who inhabit the Earth Plane with us; those who are helping and those who need help. You will be given some simple techniques to control the atmosphere in your home. Emotional imprints in homes and within the land will also be discussed, as well as other energetic anomalies. You will be guided as to when it is time to seek professional help as well.

## **LECTURE: Your Innate Intuitive Nature**

We are all hard wired with the same intuitive equipment, some of us simply have more past life experience in this arena than others.

We will speak about the psychic gifts we all possess and discuss ways in which you can nurture and expand your own gifts and talents. It is really a matter of concentration, guidance, and experience.

Open yourself to the limitless possibilities that surround you constantly and begin to explore your innate intuitive nature!

## **LECTURE: Past Lives – Present Phobias**

I believe that we have all lived many lifetimes – and not all of them were wonderful! We have experienced trauma and terror in many different ways.

The memory of these events is held within the cells, and your body will talk to you through unfounded fears and panic attacks among other sensations. Learn how to figure it out and then heal the memory and move forward through these fears.

## **LECTURE: My Personal Journey of Spiritual Awakening**

So many people have asked how my spiritual journey began, where I learned how to do what I do, what kind of experiences I have had, and what does it feel like to have these gifts, that I have decided to chronicle it for you. Fasten your seatbelts!

## **LECTURE: Embracing the Transition – Understanding the Spiritual Experience of Death**

I have met many people who are afraid of death – afraid of the unknown. As the old adage goes, “Everyone wants to go to heaven -- no one wants to die to get there.” As we grow closer to the completion of this life cycle, our fear of the unknown will often cause us a great deal of pain and uncertainty. I will explain what I have learned from many sources, including visions, to help eliminate fear and bring a sense of peace to the process of crossing over.

## **LECTURE: How Do I Know If I’m Psychic?**

Christina will share some common experiences we all have and offer you tips on strengthening your intuitive abilities. We are all psychic, we often just repress it.

## **LECTURE: Spirit Guides – A Cosmic Helping Hand**

We all have Spirit Guides who are here to help us grow our intuitive senses every day. Learn how they are chosen, what they can do, and how they can help us. We will also answer questions and perhaps bring in some more spirit guides for those who need additional guidance.

## **LECTURE: Why are there so many Cleopatras? Aspects of Self Explained**

We all wonder if there is anyone out there who is just like us. Why have other people had the same past life that we lay claim to? Just how can all this be happening and still make sense? I will do my best to explain the intricacies of various aspects of the soul, as they have been explained to me by Spirit.

## **LECTURE: The Angelic Hierarchy – Calling All Angels**

In this talk I will introduce you to the parameters of the Angelic Kingdom, the many varieties of angels and their duties. We will also speak about how to connect more deeply with the angels all around you each day.

# CLASSES

## *ANGELS*

### **CLASS: Meet Your Angels**



Learn the role that the Angels play in our lives and our world. You will be introduced to the four Archangels, Michael, Gabriel, Raphael, and Uriel, and experience a profound connection to them through a Guided Meditation.

Next, we will meet your personal angels through another Guided Meditation. You will learn the names of the angels who work most closely with you and get to know them a bit better.

Bring a special notebook in which to record your Angelic Messages & experiences.

## **CLASS: Unfurl Your Angel Wings**

Join Christina and Archangel Michael as we take you through the process of unveiling your Angelic name and, in a special ceremony in the Pyramid of Angels, unfurl your Angel Wings.

In the future you will be able to unfurl your wings whenever they are needed, during meditation, healing work, or general paranormal studies.

This is a very sacred experience and one you do not want to miss!



## **CLASS: Channeling Archangel Metatron**

I have spoken for Metatron in the past, and he often comes through when his energy is what will really set the message for someone. He is a powerful presence and has a lot of potent information to impart.



## **CLASS: An Introduction to the Four Archangels**

Archangels Michael, Gabriel, Ariel and Raphael each have special roles in this world. In this class we will meditate on each Archangel and get to know them and their energy, as well as when and how we can call upon them for help.

*Also see the Angel Card Reading Workshop with Cecelia Barndt*

*Also see The Angelic Hierarchy in the Lecture series*

## **ANIMAL CONNECTIONS**

### **CLASS: Animal Communication Part I with Barbara Goodfriend**

Explore the telepathic language each of us innately receives from the animals. The focus of this class is to become proficient at the art of animal communication through practice, feedback and experience. Please bring photos of your pets and questions you would like answered.

## **CLASS: Animal Communication Part II with Barbara Goodfriend**

Explore the telepathic language each of us innately receives from the animals. The focus of this class is to become proficient at the art of animal communication through practice, feedback and experience.

This is the hands-on aspect of this class where everyone can bring their animals, or a friend with an animal, so that everyone can practice outside in the labyrinth. The animals respond to the positive energy of this sacred space and you will often find the dogs pacing the circuits. What fun!



### **CLASS: Healing Hands for Pets**

In this hands-on class, you will learn several ways to engage healing energy for your pets, whether they like to be held and fussed over or not. When possible, this class will be held outside in the Labyrinth. Cats may not be very cooperative, and we can all share a few well behaved dogs.



### **CLASS: Personal Totems**

Has a crow flown over your car today? Did you find a feather on your front porch? Did a deer walk within ten feet of your car last week? There are messages in the unusual behaviors of animals. Beyond that we each have totem animals that accompany us on this earth walk for particular lessons. Join us for this informative class and a guided meditation to meet your animal guides.

*Also see Animal Mysticism in the Lecture series.*

## **CHILDREN**



### **CLASS: Healing Hands for Children**

This class is geared toward young people and helping them to open up their gifts. Typically, a child should be about twelve to start, but much depends on individual maturity, so please check in with Christina about your child. We will keep the class simple and easy, teaching them how to connect and protect themselves as they learn to give basic energy healing assistance.

# ***FORECASTING***

## **CLASS: Reading Tea Leaves**



In this delightful class we will explore the history of tea and tea drinking, dating back to ancient times.

Next, we will delve into the interpretation of images in the base of a tea cup when one uses loose tea or a mixture of herbs.

This class includes lots of hands on practice and interpretation of many different photographs of tea cups and saucers.

## **CLASS: Yearly Astrological Forecast with Michael Zaikowski, Astrologer**



Have you ever wondered what the next year has in store for the world as well as for you personally? Come find out at this informative workshop that will reveal planetary trends and their influences for the New Year.

These are revolutionary and evolutionary times for everyone and the planets support the changes being made as we enter a new age and a new level of consciousness.

Reservations and Birth Information is required for a personal chart for each participant.

## **CLASS: Dream Interpretation with Michael Zaikowski, Astrologer**



Michael will take us through the process of learning how to understand our dreams and the messages they contain, guiding us to our Highest Good, giving us warnings, and helping us to connect with loved ones.

## **CLASS: Introduction to Palm Reading with Louis Charles Gardella**

Lou will give us lots of information about the clues to character and destiny that are in our hands. The shape of the fingers, the mounds of the palms, the swirls on the fingertips, even the shape of the fingers all have meaning and portent. Come expand your awareness of the Divine Presence in your palms.

*Also see the Numerology Workshops & Angel Card Workshop*

# ***HEALING***



## **CLASS: Healing Hands - Part I - Physical Energy Patterns**

Learn how to use Universal Life Force to aid in the healing of your family through Laying on of Hands. Aura assessment, removal of trauma, density, and pain are all taught in this first session dealing with physical ailments. During the class students will work on each other.

Basic knowledge of dowsing and/or Kinesiology are helpful, but not required. Part I is a prerequisite for all further sessions.

There is also a book, written by Christina, available to guide you through the courses.



## **CLASS: Healing Hands - Part II - Emotional Energy**

This section of Healing Hands reveals the emotional trauma that can be held in the aura and shows you how to release it, replacing it with Universal Life Force.

You will also be introduced to distant healing techniques.

Amazing shifts and lightness of being are the result of this auric work. Again, student participation is necessary. Parts I & II are prerequisites for further sessions.



## **CLASS: Healing Hands - Part III – The Chakras & Beyond**

In this third section of Healing Hands we will deal assessing and clearing the energy of the chakras and outer layers of the aura. This is a very powerful aspect of the work and should yield profound results. All students will work on each other. Parts I & II are prerequisites.

The plan is for each student to participate in every phase of the healing process in order to understand it better and to aid in their own healing. The class schedule will be extended if all students are not complete within each of the sections or if there are other areas of interest within this context.

***We will be expanding our Healing Hands program and offering certification after meeting specific criteria.***

## **CLASS: 7 Secrets of Chakra-Sutra(tm)with Robin Mansfield**

In this class Robin will covers the role of each chakra in depth. She takes the information many steps further, incorporating color, crystals, aromas, and more into the details of each chakra. Also learn how to manifest Health and Wealth through the chakra system.

## **CLASS: Refining Your Nutrition: Personal Kinesiology & Dowsing for Health**

We ask that you create a log in advance of this workshop. Write down everything that goes into or on your body for at least three days, five is better.

Working with this log, we will fine-tune your life and especially your food! Also take into account any products that are applied to your body, including make-up and hair color.

Previous experience in Dowsing or Personal Kinesiology is a must!



## **CLASS: Rainbow Color Therapy**

Each color in the spectrum has meaning and purpose. You will get a feel for each color, learn how to use it and when, and when to avoid it if necessary. Learn how to envelope yourself and others in unseen color, how to program your aura with color for specific occasions, and so much more.

## **CLASS: Crystal Grids for Healing**

There are many combinations of crystals that can be used for healing purposes. We will go over a few of the classics and experience them during class. Bring a mat, a pillow, a light blanket, and a pendulum if you dows. All crystals used will be available after class.

*Also see Healing Hands for Pets in Animal section above.  
Two additional classes listed under Past Lives as well.*

## ***INTENTION***

### **CLASS: The Power of Words**



You may not remember agreeing that you would create your experience here in Earth School through the power of your words and thoughts, but you did.

Learn how to take control of your experience and your life by monitoring and changing your words. Learn the power of each thought, of each spoken word, and then learn how to change life-long habits of speech.

This class will empower the rest of your life!

### **CLASS: The Power of Affirmations**



This class is about the power of words in each of our lives. We will discuss how framing your affirmation will affect your life and the change you seek. Learn to be very 'word specific' in what you affirm, thereby drawing in precisely the level of energy you wish to attract.

We will talk about how the vibration of your affirmation resonates through the Quantum Field, or as Deepak Chopra calls it, the Field of All Possibilities. Bring your current affirmation with you or a list of goals for the affirmation you wish to formulate.

## ***INTUTIVE GROWTH***

### **CLASS: The I.A.M. System**



If you are dedicated to spiritual change and the manifestation of prosperity in your life, this is the class for you!

I = Intention    A = Affirmation    M = Manifestation

This system was channeled and developed with the aid of Archangel Metatron. It is an extremely POWERFUL tool to affect positive change in your life.

There is daily homework of 10 to 15 minutes, so be prepared to persevere or wait until you are truly ready to take the class.

## **CLASS: Tips & Technology to Heighten Your Intuitive Senses with Ingrid Geronimo**



Every second guess yourself after receiving an intuitive nudge about something or someone. We've all been there and yet we may not always know how to become more secure in choosing based on our intuition. Intuition is that inner knowing that we're all truly born with but that we tend to allow to lay dormant over time. How can we strengthen it and become more certain of its guidance?

In this class we will explore various tips and uses of technology to help us in our everyday quest to heighten our connection to source and self.

## **CLASS: Meet Your Spirit Guides**



Everyone has Spirit Guides, good ghosts who are meant to help you pilot your course through this lifetime. In this class you will have a personal experience with at least two of your Guides through the use of Guided Meditation.

It is relatively easy even for a beginner to meditation to connect with their Spiritual Guidance team in this way. They are always with you, to guide, encourage and stimulate you to follow appropriate pathways.

You might wish to take notes. A guided meditation CD is also available.

## **CLASS: Connecting Via the Bridge**



In this class we will learn about the experience of Crossing Over, what the variations are, when to expect contact and how to recognize it if someone you care for has crossed over to the other side.

We will experience two guided meditations to meet with those who have crossed and talk with them.

A guided meditation CD is also available.

## **CLASS: Are You an Empathic or Simply a Hypochondriac? with Ingrid Geronimo**

If you are empathic you pick up on other peoples' overall energies and ailments in a way that the average person would not understand. How do you distinguish what is yours? How do you get rid of it if it is not yours? This class will provide you with enough information to help you reconcile with this gift and to learn to use it to help others and yourself as well.

## **CLASS: How to Develop Your Intuitive Senses**

We will use every trick in the book to expand your awareness of your innate gifts. Be prepared to stretch and grow, to fearlessly embrace more than you can imagine.

## **CLASS: Crystal Grids**

This class is all about using specific crystals to create focused energy fields for meditation. Bring a mat, a pillow, a light blanket, and a pendulum if you dowse. All crystals used will be available after class.

## **CLASS: Star Systems**



We are not alone, and now, we are less alone than ever before. Come explore some of the star systems that are helping us in this time of transition. Be prepared to blast off during our guided mediations as well.

## **CLASS: Psychometry – the Vibe in the Object**



This is a classic technique that can be readily taught. Be sure to wear a lot of jewelry, something you wear often, or we can use your keys. You will literally get a 'vibe' from the object and then be able to talk about your sensations and feelings. After we experience the technique, we will read for each other.

## **CLASS: The Fairies & Elementals in Your Yard**



We will dowse to find the Fairie homes in your yard, the size of the population, and the various tasks they undertake for you. You will learn what they need in terms of love and support and will be able to set in place systems to honor them. Prior experience in dowsing or Personal Kinesiology is necessary.

## **CLASS: Sensitivity Training with Playing Cards**



I confess -- I have been playing with cards. Learn my little card tricks that help to increase each person's intuitive skills. The fun is in the practicing. You will be amazed at how often you are right when you learn to connect with the energy.

## ***PAST LIFE WORK***

### **CLASS: Past Life Recall**



During the course of the evening I will guide you through two detailed meditations to recall past lives which have had the most impact upon this lifetime. With insight from Higher Sources, I will be able to answer any questions you have about your experiences, so that you can develop a fuller understanding of the information that you retrieve.

You will learn how to eliminate blocks and receive information to explore on your own. This is one of the safest environments you will ever have to access and explore the information you have received. A guided meditation CD is also available.

### **CLASS: Past Life Dowsing**



Previous experience with either dowsing or Personal Kinesiology is a must for this class. We will work with charts and learn how to pin down the details of a particular past life, based on a series of questions to prioritize which past life we should focus upon.

### **CLASS: Emotional Self-Healing of Past Life Trauma**



Using the technique Christina channeled from the Masters, she will guide each participant through a series of emotional recalls, aiding in the release of traumatic memories that could be influencing health, happiness, relationships, and prosperity.

With this experience, you will be able to easily use the release exercise on your own whenever residual trauma makes itself known. It is a wonderful way to get rid of kinks in the back, small pains throughout the body, and emotional angst from those who push your buttons. A guided meditation CD is also available.

### **CLASS: Healing Past Life Trauma Through Re-Visioning**



In this class we will go through one or more guided meditations to direct each participant to a past life in need of healing. We will then revise the outcome, go back into a meditative state and change our personal history.

## ***FORUMS***

### **FORUM: Healing Hands**

Join some of our most inspired students of Healing Hands to hear and see how they have adapted this marvelous system to their own special gifts. Some use a massage table and others a chair. Some couple it with other modalities, while others channel information during the course of a session. Lots of variation!

### **FORUM: Talking to Spirit – Personal Kinesiology & Dowsing**

Many of our students use these skills in very unexpected ways. They will stop by to talk about their personal experience and explorations in order to inspire you.

## ***FIELD TRIPS***

### **FIELD TRIP: Inter-Dimensional Photography: WATER ORB Photos & More!**

Every year we take photography field trips to a local inter-dimensional portal to photograph Orbs. Everyone who joins us becomes attuned to this amazing energy – this LOVE that is pouring into our world all around us!

We always get many other different types of phenomena in addition to the Orbs – colors, fairies, ships, and more. Just bring any type of camera with a flash and be prepared to expand your perception of reality.

### **FIELD TRIP: Inter-Dimensional Photography: SKY (Spaceships)**

We also go to a mountaintop nearby to commune with the Space Brothers and Sister and look for their ships. Typically I channel Commander Ashtar, head of Inter-galactic Security, for about 30 minutes, around the campfire, then he circles his fleet for us and we take pictures. They are not up close photos of ships, rather distant blips behind the clouds. We have no wish to alarm anyone. The Commander is most gracious in accommodating our requests and we are very grateful to all who attend.

### **FIELD TRIP: The Crystal Cavern, PA**

Nearby Pennsylvania is home to an amazing Crystal Cavern. We will caravan from High Bridge to the Cavern and explore the outrageous energy of these wonderful crystals. I will channel information as appropriate underground or afterwards.

## *WORKSHOPS*

### **WORKSHOP: Talking to Spirit: Personal Kinesiology & Dowsing**



Christina will combine these two techniques in one class. Dowsing, the use of a pendulum, is the way that she first developed her clair-audience and channeling abilities. Personal Kinesiology is an invaluable tool to be able to communicate effectively with your body and your High Self. Together they form a very powerful esoteric tool kit to enable the user to talk to Spirit. Lots of different methods will be explored and there will be hands-on practice. If you already have a pendulum please bring it. We will also go over techniques for getting your ego out of the way of the question and answer process.

Christina also has books available, one on dowsing, one on Personal Kinesiology.

## **WORKSHOP: How to Read Angel Cards with Cecelia Barndt**

Cecelia has been reading Angel Cards and communicating with the angels for many years. You probably remember her from the One Spirit Festival where she is always a hit in her quiet corner.

Cecelia will help you to attune to the Angels and give you guidance as to how to interpret the messages in the cards. Bring your own deck, whatever one you wish, or Healing with the Angels from Doreen Virtue. You will learn various layouts and ways to use the cards in this high energy class with a master of the cards.

## **WORKSHOP: Numerology #101**

During the courses of this evening's workshop you will learn the numerical value of letters of the alphabet, what they mean and the ways in which they affect your life. Be sure that you bring the correct spelling of your name from your birth certificate with you. In this introduction to numerology we will focus on your individual karma and destiny as revealed through the letters in your birth name. You will come away with a greater appreciation of the action of Divine Order in your life and in the lives of those around you.

## **WORKSHOP: Numerology #102**

This second class in the series focuses on your birthdate and all that is revealed in its numeric matrix. We will discuss your Destiny Number, your Challenges, your Pinnacles and the various Cycles of your life. We will also look at the missing letters in your name and talk about how that might impact your life and your experience as you move toward balancing out all the vibrational numbers in your life experience.

If there is time, we will cover the same information for your loved ones.

## **WORKSHOP: Calling All Angels**

Come spend a day with the angels! We will begin with a guided meditation to call in your personal angels, progress to journal writing and communication skills, and move on to direct conversation through meditation. We will end the day with a wing release ceremony, including receiving your angelic name, and then an angle blessing, all within the Pyramid of Angels in the backyard.

## **WORKSHOP: The Blue Star Angels with Cecelia Barndt**

Cecelia has been working with the angels from the Blue Star for over twenty years. Join her for this special class, directed by the Blue Star Angels, to begin your own personal experience with this wonderful class of angelic beings.

## **WORKSHOP: Eliminating Negative Self-talk & Creating the Confidence to Succeed with Ingrid Geronimo**

Negative self-talk and demeaning words from others can have a profound impact upon our consciousness. Learn how to stop the limiting words and to recreate the energy in a more positive way so that you open the pathway to your fullest potential.

When the path is open, it behooves us to step forward with confidence. In the second half of this class you will learn how to express the confidence that has been hiding within you all your life. Ingrid will share exercises to aid in that process and define ways for you to nurture your new-found confidence.

# ***MYSTIC MUSIC CONCERTS***

## **MYSTIC MUSIC: *Kirtan* with Sharon Silverstein**

Join us for a time of ecstatic chanting with Sharon Silverstein, a singer/songwriter for the past 25 years and a Yogini for the past 9 years. Sharon combines ancient mantras with her contemporary musical style to bring the energy of pure joy and happiness to this beautiful sacred tradition.

Sharon is usually joined for the *Kirtan* by Joni Knapp on Tabla, Marie Soffel on Djembe/Ubang, Darlene Popkey on Flute/Harmonium.

*Kirtan* is a call and response repeating of simple mantras that can help people experience freedom from the daily chatter of the mind.

## **MYSTIC MUSIC: B.Y.O.C. with Mike Snyder**

BYOC = Bring Your Own Crystals!

Mike, our consummate keyboard channeler, encourages you to bring your crystals out to play. Bring them in your pockets or in a box and give them two whole hours to recharge in this sound healing concert.

You and your crystals will benefit from the energized atmosphere of the space and from the amazing music that comes through Mike.

## **MYSTIC MUSIC: Crystal Bowls with Sandee Conroy**

Sandee brings the healing tones of the crystal bowls, and Tibetan brass bowls to our sacred space. Using a guided meditation to get you in sync with the vibration, she then takes you on a healing journey of sound.

Bring a blanket, a pillow, and a lightweight cover so that you may lie on the floor and let the sound roll over and fill every space of your being.

## **MYSTIC MUSIC: Crystal Bowls & Keyboard with Sandee Conroy & Mike Snyder**

Join Sandee and Mike at the Circle for a marvelous session of Sound Healing through the magical tones of the Crystal Bowls combined with the channeled keyboard music of Mike Snyder.

Sandee will begin with a short guided meditation to get you in the mood and then Mike will make you soar with the angels! The combination of these two talented musicians will give you a great thrill!

Bring a blanket, a pillow and a lightweight cover so that you may lie on the floor and let the sound roll over you and fill every space of your being.

## **MYSTIC MUSIC: Crystal Bowls & Sacred Chanting with Sandee Conroy and Alicia DiGiovanni**

Join Sandee and Alicia as they combine the sacred tones of Sandee's Crystal Bowls with Alicia's channeled chanting and singing in the Ancient Language of Light.

This is a close as you may ever get to being inside an Atlantian Healing temple and still be able to remember it! It is truly a wondrous gift of from these two talented musician/healers.

Bring a blanket, a pillow and a lightweight cover so that you may lie on the floor and let the sound roll over you and fill every space of your being.

## ***SPIRIT CRAFT***

### **SPIRIT CRAFT: Didgeridoo-- Make One/Play One with Sean Dobson**

In this class, you will bring your own 2" X 5' PVC pipe to fashion a personal Didgeridoo. In addition to fashioning the mouthpiece, Sean will teach us how to play the instrument to create the sacred sound that aligns the chakras and calls to our souls.

You can also paint and decorate your Didgeridoo on your own either before or after the class. What fun!

### **SPIRIT CRAFT: Wrap Your Crystal with Robin Mansfield**

Bring your favorite crystal and Robin will guide you through the process of wrapping the stone in silver wire so that you may use it as a pendant. Whether it's a pendant, ring, or a bracelet, wearing your personal crystals is a great way to allow their energy to infuse your aura! All materials are included.

**The following classes are all given by Christina.**



**ALL Below**

### **SPIRIT CRAFT: Empower Your Intention Through Vision Boards**

First we will connect to your true intention through a powerful guided meditation.

We will then take that vision and expand it, put it on paper in a collage format, while I guide each participant in the proper use of words to define their intention/goal. Not to be missed.

Paper, magazines, glue, and scissors are supplied, but feel free to bring your own. The more magazines we have the better it is for all.

### **SPIRIT CRAFT: Homes for the Fairies**

Bring a wooden birdhouse and we will adapt it to make a home for one of the fey folk. If you wish to add old pieces of jewelry, crystals, moss, sticks, whatever you can find, bring it along!

### **SPIRIT CRAFT: Prayer Sticks**

There is a Native American tradition of decorating arrows with special objects, stones, crystals, and feathers, then imbuing the whole with your prayer requests. The stick is then given to the nature spirits by throwing it in running water or a lake or pond. Some materials will be provided, but be sure to bring your own as well.

### **SPIRIT CRAFT: Rattles**

The sound of a rattle is enough to break up stagnant energy in the aura, and it can be helpful in inducing meditative states, not to mention how great it sounds in a drumming circle. If you have a gourd, please bring it. Materials will be provided.

### **SPIRIT CRAFT: Handmade Journals**

Journaling is a very effective way of communicating with your High Self, and a handmade paper journal is a wonderful way to honor that connection. If you would like some special paper for the cover, either inside or out, please bring it. Many materials will be provided.

### **SPIRIT CRAFT: Personal Point of Attunement – Personal Altar**

A personal altar is an essential part of the process of spiritual growth. Bring a shelf or a box, painted in a color you like, as well as any objects you would like to incorporate. We will meditate to see what wants to manifest, create it, and then dedicate it during the course of the class. Many materials provided.

### **SPIRIT CRAFT: Crystal Boards**

There are many crystals that will enhance the vibration of your home. In this class we will create a special combination of crystals just for your home or space. They will be glued to a board or plate and may be set wherever you would like in your home.

## **SPIRIT CRAFT: Mandalas**

Mandalas are typically concentric circles of pattern and color, fanning out from a center point. The Hindu and Buddhist traditions are filled with superior examples of this sacred art form. We'll give it a try. Bring a compass if you can, we will have colored pencils and markers as well as special paper.

## **SPIRIT CRAFT: Crystal Mandalas**

In this class we will create a mandala on a plate and glue crystals in a pleasing pattern. You may bring your own plate or one will be provided, as well as the crystals. If you have something that you would like to be the center focal point, please bring it along.

## **SPIRIT CRAFT: Paint an Affirmation Pillow**

I will prepare pillow cases, you can bring the insert, and you will be able to hand paint inspiring words on your pillow. Be prepared with phrases and/or single words that you would like to incorporate. The black and white pillow will be finished by the end of class!

## **SPIRIT CRAFT: Make a Finger Labyrinth**

Learn about the history and the workings of labyrinths as a meditation tool. Using a plate or a tray of your choice, we will use stones to mark the circuits of the labyrinth, enabling you to move your finger through the pattern as a means of calming and centering wherever you choose to use it.

## **SPIRIT CRAFT: Crystal Wands**

Using a base of selenite for a wand, we will add various crystals to the wand to enhance and add to its existing properties. These wands are wonderful aids to energy work and are particularly useful for clearing and balancing the aura.

# *HOME PARTIES*



## **HOME PARTY: Paranormal Primer – An Introduction to All Things Intuitive**

This is a lecture for those who have questions about other-worldly events in their lives, what it is like to be psychic, does everyone have past lives, how can a person learn to heal, etc. You have questions, I have answers, or I can get them.

## **HOME PARTY: Tea Leaf Reading – Herbal and Black Teas**

I bring the tea and the cups and you supply the people and the treats. This is a fun evening with lots of joy flowing as freely as the tea!

## **HOME PARTY: Numerology**

I love to give an overview of what each of the numbers means and then move on to analyze each person's first name, revealing character traits and talents. It's a fun evening or afternoon.

## **HOME PARTY: Animal Mysticism**

This is one for the animal lovers. Each person should bring a photo of their beloved pets, living or passed away, and they will get information about the heritage and character of the animal. A discussion of pathways and possibilities is also included.

## **HOME PARTY: Past Lives – Who Were You?**

My ability to get answers from other dimensions, as well as to access the records of each soul's journey through time, makes it relatively easy to find out who each of the attendees were in a past life or two. I did this for a bridal shower and everyone had a great time!

## **HOME PARTY: Psychometry – the Vibe in the Object**

This is a classic technique that can be taught in an hour or so. Make sure that all your friends wear a lot of jewelry, something they wear often, or we can use their keys. You will literally get a 'vibe' from the object and then be able to talk about your sensations and feelings.

## **HOME PARTY: Sensitivity Training with Playing Cards**

I confess -- I have been playing with cards. Learn my little card tricks that help to increase each person's intuitive skills. The fun is in the practicing. You will be amazed at how often you are right when you learn to connect with the energy.

## **HOME PARTY: Messages from the Other Side**

This get together is geared toward those who want messages from Spirit, from loved ones who have crossed over, from their Guides or Angels. A general discussion begins our time together so that everyone is familiar with basic terms, and then we proceed to the Messages portion of the event. Generally there will be at least two messages for each person present, unless the group is very large.

# *ANNUAL EVENTS*

## **ANNUAL EVENTS: MAY -- One Spirit Festival**

The first Sunday of May each year we host a holistic and metaphysical fair here at the Community Center, from 11 to 5 p.m.

We have wonderful Vendors indoors and outside on the lawn, selling everything from crystals, stained glass, vitamins, jewelry, artwork, and more!

There are Speakers on a wide variety of interesting topics in the meeting room on the second floor. We also feature a very talented group of Readers who range from Angel Cards to Mediums. We offer pre-booking of appointments online as well.

## **ANNUAL EVENTS: AUGUST -- Pot Luck Dinner**

The first Sunday of August each year we host a Pot Luck Dinner at the Circle of Intention in High Bridge from 1 to 5 p.m.

Everyone is welcome, whether you have joined us before or not. Bring a dish to pass, we always have roast turkey on hand, and plan to stay a while.

This is a wonderful opportunity to spend a day with like-minded people, chat, hang out, swap stories and generate ideas. We hope that you will join us!

## **ANNUAL EVENTS: OCTOBER -- Mystic Mall**

The first Sunday of October each year we host a Showcase for the Circle of Intention students and teachers here at the Community Center, from 11 to 5 p.m.

All the intuitive skills that have been awakened and honed throughout the year are brought to the public this day to share and enjoy.

We offer a wide variety of interesting classes all year long, and those who have been trained as healers, readers, numerologists, etc. offer 15 minute sessions through the day.

We also have free events, such as a Crystal Meditation Circle upstairs and an opportunity to take your own photo in our Angel Wing Chair. Refreshments are also available.

## **ANNUAL EVENTS: DECEMBER -- Pot Luck Dinner**

The first Sunday of December each year we host a Pot Luck Dinner at the Circle of Intention in High Bridge from 1 to 5 p.m.

Everyone is welcome, whether you have joined us before or not. Bring a dish to pass, we always have roast turkey on hand, and plan to stay a while.

This is a wonderful opportunity to spend a day with like-minded people, chat, hang out, swap stories and generate ideas. It's a great way to usher in the holidays.

We hope that you will join us!

## ***ONGOING EVENT***

### **EVENT: The GATHERING**

The Gathering, held the 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays of each month, 7:30 to 9 p.m. year round, is our alternative church service. Channeling Mother Mary, Christina leads a guided meditation to heal the earth, followed by a written message from Mary. Mother Mary stands ready as we discuss our miracles and challenges, stepping in to give advice where needed.

We generally end with some mode of individual or group healing, often using a crystal bowl.

*The Church of All Creation is associated with the Circle of Intention. It is a New Jersey non-profit corporation and has 501(c)(3) status.*

# *BIOS*

## **Christina Lynn Whited**



Over the last twenty years Christina Lynn Whited has been featured in *People Magazine*, on *CNN* and *Geraldo*, and in the *New York Post*, *The Los Angeles Times*, *The Chicago Tribune* and many other papers. As a channel and a healer, her work has been lauded by such notables as Dr. Wayne Dyer and Dr. Joe Vitale. She is a frequent speaker and radio guest. Christina heads The Circle of Intention School of Intuitive Sciences and the Church of All Creation, both in High Bridge, New Jersey.

## **Cecelia Barndt**



Cecelia has been an intuitive all her life. After a near death experience she began to talk to the Angels. She has been reading Angel Cards, talking to the Angels and other Masters and Light Beings, and doing readings for clients for many years. Her expertise, compassion, knowledge, and integrity make her much sought after. Cecelia is a Reader at our annual One Spirit Festival.

[www.StarAngelWhisperer.com](http://www.StarAngelWhisperer.com)

## **Sean Dobson**

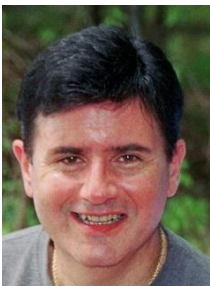
Sean has played various instruments all his life. He teaches several types of instruments privately and he knows how to handle a Didgeridoo!

## **Karen Ferreira**



Karen Ferreira discovered her psychic/medium ability of insight after the death of her father and her husband. Throughout the years, this natural talent has developed and unfolded into a beautiful gift which has had a prominent impact on all lives it has touched. Karen is a Reader at our annual One Spirit Festival. <http://karenferreira.com>

## **Louis Gardella**



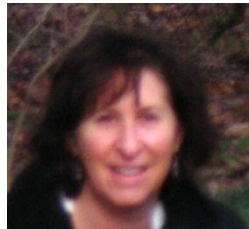
Louis Charles Gardella trained with some of the best psychics in New York as a teenager. His talents have grown and developed over the years and he now offers his own unique brand of Palm Reading. Lou is a Reader at our annual One Spirit Festival.

## Ingrid Geronimo



Ingrid Geronimo has been empathic since childhood. It took many years for her to recognize her gifts and build confidence in them, and she freely shares the joys and challenges of that journey in her classes. As a soft skill trainer and IT professional for over 25 years she brings a wealth of teaching experience into her classes and her Life Coaching. More about Ingrid's work can be found at [www.DancingDragonfliesWisdom.com](http://www.DancingDragonfliesWisdom.com)

## Barbara Goodfriend



Barbara has communicated with animals her entire life. She sees herself as a bridge between species. She is widely recognized for her expertise and is the national columnist on animal communication for examiner.com. Her website is [www.barbaragoodfriend.com](http://www.barbaragoodfriend.com)

## Robin Mansfield



Our very own Goddess In Eden, Robin is the psychic owner of the store of that name in Montclair, New Jersey. Her talents are many and her offerings extensive. We are delighted that she is happy to share some of them with us via her classes. [www.GoddessInEden.com](http://www.GoddessInEden.com)

## Michael Ziakowsky



Michael is a well known psychic, Master Tarot reader, astrologer, palmist, teacher, and channel. His knowledge, intuition, and sensitivity have made him extremely popular with those who seek guidance from a higher source. He also does Crystal Healing, Reiki, and mediumship. He is a Reader at our annual One Spirit Festival. [www.ThePracticalMagi.com](http://www.ThePracticalMagi.com)

## OUR MYSTIC MUSIC PERFORMERS

### Sandee Conroy



Sandee has been playing the crystal bowls for many years in the privacy of her own home. Just a few years ago she stepped out and began to play in public to overwhelming success. Her guided meditations with sound are truly profound. [www.MyEnergyWorks.com](http://www.MyEnergyWorks.com)

## **Alicia DiGiovanni**

Alicia is a shaman, healer, channeler and a minister. Her work encompasses many disciplines and takes her all over the world, gathering stories of women and their spiritual journeys, as well as connecting with the animals. Alicia channels the Language of Light in song and voice.

[ArtfulOfPassion.com](http://ArtfulOfPassion.com)

## **Sharon Silverstein**



Sharon Silverstein is the founder and director of Living At Peace, LLC, a New Jersey based company that creates a world where people can feel unconditional love for themselves and others. As a singer and songwriter, she moves people to greater self-awareness, unity and world peace by combining sacred Mantras, powerful lyrics and motivational rhythms.

[www.livingatpeace.com](http://www.livingatpeace.com)

## **Mike Snyder**



Mike has been playing his own kind of music ever since he walked out of traditional piano lessons when he was twelve. His extraordinary keyboard music comes directly from Spirit through his soul. Mike takes the energy of the group for who he is playing and transforms it into a transcendent experience. [www.MikeSnydercc.com](http://www.MikeSnydercc.com)

PEACE on EARTH!